



WellStar College of Health & Human Services
 Kennesaw State University
 1000 Chastain Road, MD 4101
 Kennesaw, Georgia 30144-5591



WellStar College of Health & Human Services

excellence

- service
- leadership
- teaching innovations
- scholarship
- wellness



The Dean Speaks

Dr. Richard L. Sowell, PhD, RN, FAAN

Welcome to the spring issue of *Excellence*. Despite a winter of cold, rainy weather, the WellStar College continues to replicate the flowers of spring – growing and blooming in a variety of ways.

As I reported in last issues, we have reorganized our Department of Health, Physical Education, and Sport Science into two new departments to facilitate greater growth and specificity in the programs offered. I am pleased to introduce you to the new Chair of the Health Promotion and Physical Education department – Dr. Kandice Porter. Dr. Porter has served successfully as the interim Chair over the past year, and was selected as the permanent Chair after a national search. We are excited to have Kandice in this new role. She will be a great addition to the WellStar College's leadership team.

In this issue of *Excellence*, you will find several stories focusing on the Academy for Inclusive Learning and Social Growth. This unique program offers to young people with intellectual disabilities an opportunity to have a two-year college experience, after completing high school. The students attend classes, work with student mentors, and often live in residence halls at KSU during their program. At the end of the program, individuals earn a certificate of completion from the WellStar College. The Academy is the only such program in Georgia, and we hope will be a stimulus for growth of such programs in other universities. This program is one that I am particularly proud to have in the WellStar College. It has been a joy to work with these students and their families, watching the students learn and grow in self-confidence and potential job skills. Not only does this program provide new opportunities for the enrolled students, but the students have also enriched our College and the University. It is gratifying to speak with faculty members and other general population students who report how much the Academy students have added to their education and comfort in working with individuals with disabilities.

KSU prides itself in the commitment to inclusion and diversity. In a true sense, the Academy for Inclusive Learning and Social Growth moves this University's commitment to a new and exciting level. The support of this program and its young students by the KSU community speaks to the quality of the KSU faculty and student community. Since the program is headquartered on the 4th floor of Prillaman Hall where I have my office, I personally have the pleasure of interacting with the students

daily, and learning their unique contributions to our College. I hope you will learn more about the Academy over the coming years. Dr. Ibrahim Elsayy has taken over the leadership of this program, as the founding Director Dr. Harry Stern moves to new opportunities in a local, community-based organization.

The success of the graduates of the Academy over the past three years demonstrates the value added by this program to the participants and the overall University community.

Since its inception, there has been a waiting list of general campus students who want to serve as mentors to the Academy students. For me, this is a true testimony to the character of students at KSU and their commitment to an inclusive society in which every individual is given the opportunity to reach their highest potential. This demonstrates excellence of character of KSU students, as well as quality of the real-life education students are gaining at

KSU. It has truly been my pleasure to be part of the development and implementation of the Academy for Inclusive Learning and Social Growth. Again, the WellStar College is proud to be on the forefront of innovation in education for a more inclusive tomorrow.

It is gratifying to speak with faculty members and other general population students who report how much the Academy students have added to their education and comfort in working with individuals with disabilities.

Kennesaw State University, a unit of the University System of Georgia, is an equal educational employment opportunity institution.

give

The give Back Page provides you, the reader, with an opportunity to sustain the types of programs that have been highlighted in this edition of *Excellence*. It's your choice! Your donation can be directed to a specific program, as mentioned in this publication, or you may choose to support the overall mission of the College.

Why give- Imagine a world without a nurse to greet you at a hospital, a social worker to shepherd the safety of a young child, a health educator providing diabetes literacy.

Contributions are tax deductible to the full extent of the law.

Mission

- Produce quality graduates for employment in the broad-based fields of health and human service, including exercise and health science, health and physical education (PI2 Certification), nursing, social work & human services, and sport management.
- Serve as a resource center for health promotion and wellness activities for the campus community through the Wellness Center and the University Clinic.
- Provide outreach to the surrounding community in matters of health and human service.
- Promote interdisciplinary collaboration among the units of the College as related to curriculum, scholarship, and special initiatives, in keeping with the health and human services focus.

Departments & Centers

- School of Nursing
- Exercise Science and Sport Management
- Health Promotion and Physical Education
- Social Work and Human Services
- Academy for Inclusive Learning and Social Growth
- Student Health Services
- Wellness Center
- Continuing Education Division

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● Oaxaca Nursing Practicum • Correction



Meeting at UABJO: (from l. to r.) Virginia Alonso Hernandez, retired Professor of Nursing at the Universidad Autonoma "Benito Juarez" de Oaxaca; Dr. Eduardo Martínez Helmes, Rector (President) de la Universidad Autonoma "Benito Juarez" de Oaxaca; Dean Richard Sowell; Dr. Carol Holtz, Professor of Nursing; Dr. Eduardo Hugo Vasquez Lagunas, Assistant to the Rector; Dr. Yuri Feito, Assistant Professor of Exercise Science.

Oaxaca Nursing Practicum Inspires a Similar Program in Exercise Science and Sport Management

Contributed by Yuri Feito

Dr. Richard Sowel, Dean of the WellStar College of Health and Human Services; **Dr. Carol Holtz**, Professor of Nursing, WellStar School of Nursing; and **Dr. Yuri Feito**, Assistant Professor of Exercise Science, Department of Exercise Science & Sport Management; traveled to Oaxaca, Mexico, in December to meet with the Rector (President) of the Universidad Autónoma "Benito Juárez" de Oaxaca (UABJO). The goal was to establish a collaboration agreement between the UABJO, Kennesaw State University and the WellStar College's Department of Exercise Science & Sport Management.

In addition to meeting with the Rector, Drs. Sowell, Feito and Holtz toured the UABJO Department of Physical

Education and the School of Medicine and Surgery and met with the director and faculty members.

The agreement was made possible in part by Dr. Holtz's efforts and her ongoing Nursing Practicum program. Dr. Holtz takes nursing students to Oaxaca annually, allowing the students to work in local hospitals and live with local families. This experience gives the students an opportunity to immerse into a different culture than what most are accustomed.

The Department of Exercise Science and Sport Management is interested in creating a similar program and team up with the UABJO in educational and research activities.

Correction to EXCELLENCE

Correction to EXCELLENCE fall 2012 edition, page 17. - HPS Graduate Receives Outstanding Student Teacher Award: The quotes attributed to Dr. Tom Donovan regarding Anton

Banfield were the quotes of Anton Banfield's collaborating teacher at Teasley Elementary School Mr. Robert Mainor. Dr. Donovan fully agrees with Mr. Robert Mainor's comments.

● Announcements • Inside This Issue

WCHHS and Department of Health Promotion and Physical Education Announcement

Dr. Kandice Porter has accepted the Chair position for the Department of Health Promotion and Physical Education. Dr. Porter has been the interim Chair for this past year and will assume the permanent position on July 1, after being selected at the completion of a national search.

Dr. Porter earned her PhD in Health Behavior from Indiana University – Bloomington in 1999. Her research focused on health pedagogy and sexuality education programming. She taught at Towson University before joining KSU in 2003. Since 2007, Dr. Porter has served as the Program Coordinator for the Health and Physical Education P-12 (HPE) teacher preparation

program. Under her leaderships, the program has retained the distinction of being one of the only three programs in the state to be nationally recognized by the National Association for Sport and Physical Education. She has been a key player in Georgia's development of the Georgia Performance Standards in Health Education (K-12) and Teacher Preparation Standards for Health and Physical Education.

Please congratulate Dr. Porter on her new appointment. Dr. Porter will be a welcome addition to the WellStar College's administrative team. Please give her your full support as she takes on her new role.

WCHHS and Department of Social Work and Human Services Accreditation Announcement

Congratulations to the faculty and staff of the Department of Social Work and Human Services on a successful accreditation review. The department leadership has been notified that the accreditation group has awarded them the maximum (8 years) number of accreditation. This accomplishment represents a lot of hard work over the past almost two years, as well as a job well done. Congratulations to all those involved in this significant accomplishment!

Inside this Issue

The Dean Speaks.....	1	H.O.O.T.S. Presents at the National Level	13
Oaxaca Nursing Practicum Inspires Exercise Science and Sport Management	2	WCHHS Glenn Redd is KSU Shining Star Winner for September 2012	14
Correction to Fall 2012 EXCELLENCE	2	WSON Katherine Rodgers is KSU Shining Star Winner for 2011/12	14
WCHHS and Department of Health Promotion and Physical Education Announcement	3	Fitness for Living Speaker Series – Within-Day Thermodynamics	15
WCHHS and Department of Social Work Accreditation Announcement	3	Sport and Talent Workshop	15
KSU's Culinary Sustainability and Hospitality Team Visits China	4	Awards; Honors & Offices Held; Funding	16
Buresh's Blurp – Modern Consequences – They'll Cost You...Or Not!	5	Publications	16-17
J. C. Bradbury – Box Seats: From the World of Exercise Science and Sport Management	6	Presentations	18-19
New Wellness Coordinator for the Employee Fitness Center	6	Book Chapters	19
Dr. Anne White, USN Reserve, Honored	7	Continuing Education Courses for Professional Development	19
The Academy for Inclusive Learning and Social Growth News: GA Board of Regents Visit	8-9	Give Back Page	20
Dr. Pat Nobbie Honored	10		
WXIA 11 Alive - Disability Advocates Seek Funding	11		
Nursing Professor Takes Community Engagement to Heart	12		
Nursing Faculty Recognized by the Journal for Specialists in Pediatric Nursing	12		

Suggestions? Comments? Let us know!

If you have suggestions or comments about the publication, please send them to Jana Mitchell, Editor, at:

jmitche2@kennesaw.edu

● China Culinary Partnership

KSU's Culinary Sustainability and Hospitality Partners with YZU's Culinary Science

Contributed by Jana Mitchell

Dr. Christian Hardigree, Professor and Director of the Institute for Culinary Sustainability and Hospitality at the WellStar College of Health and Human Services, visited Yangzhou University (YZU) in Yangzhou, in the Jiangsu province, China, on December 3 through 11, 2012.

The visit was proposed by KSU's Institute for Global Initiatives. KSU's Confucius Institute, which was named among this year's "Confucius Institutes of the Year" world-wide, coordinated the trip.

Dr. Ken Harmon, Provost and Vice President for Academic Affairs; Dr. Ken Jin, Director of Confucius Institute and Lecturer of Management; Ms. Dongmei Liao, Associate Director of the Confucius Institute; and Dr. Barry Morris, Vice Provost for Strategic Initiatives; accompanied Dr. Hardigree on behalf of KSU.

The purpose of the trip was to visit YZU's College of Tourism and Culinary Science (the oldest culinary program in China) and explore/initiate a collaboration agreement between YZU and KSU's Culinary Sustainability and Hospitality program. The agreement would define an exchange program for faculty and students between the two institutions.

During their stay in Jiangsu, the KSU group toured the university and city and met with Dr. Xin An Jiao, President of the Yangzhou University, senior staff, as well as the Dean of the College of Tourism and Culinary Science, Professor, Xing Guo Lu, and the college's chefs. The visit included a three-day trip to Shanghai, exploring museums, gardens, as well as enjoying true Chinese cuisine.

In turn, plans are underway for fall to welcome YZU's Culinary Science chefs on KSU campus, to teach classes on Chinese cuisine, and to demonstrate Chinese cooking methods and techniques. Dr. Hardigree commented: "We are immensely excited about a partnership with Yangzhou University and look forward to hosting a delegation this spring to further explore the synergies between our programs."

For more information about the Institute for Culinary Sustainability and Hospitality at Kennesaw State University, please visit icsh.kennesaw.edu.



KSU delegation at Yangzhou Garden (from l. to r.): Dr. Ken Harmon, Provost and Vice President for Academic Affairs; Dr. Christian Hardigree, Professor and Director of the Institute for Culinary Sustainability and Hospitality at the WellStar College of Health and Human Services; Dr. Barry Morris, Vice Provost for Strategic Initiatives; Ms. Dongmei Liao, Associate Director of the Confucius Institute.



YZU graduates demonstrate a preparation of the world-famous Yangzhou fried rice.

● Buresh's Blurb

Buresh's Blurb *Modern Consequences – They'll Cost You...Or Not!*

I was 17 years old when I got my first car, a used 1976 Ford Pinto (I know what you're thinking – Buresh was one of the cool kids!). I had that car for just over four years, and managed to put about 60,000 miles on it before the camshaft wore out. Over those four years, I paid more for car insurance than I did for the car, something that I know a lot of young males at the time could relate to. Insurance companies base the rates they charge on a number of factors, among them statistical likelihood of having an accident, and in the late 70's and early 80's, young males were a lot more likely to have a wreck or do some other stupid thing while behind the wheel than young females. And my driving record was clean – my parents regularly reminded me of what I would have to pay were I to have wrecks or speeding tickets (admittedly, not a big problem in a Pinto!) and be categorized as a "high risk" driver by insurance companies.

I didn't like it, but that's the nature of insurance - to spread the risk and charge a price that reflects the risks associated in providing that protection.

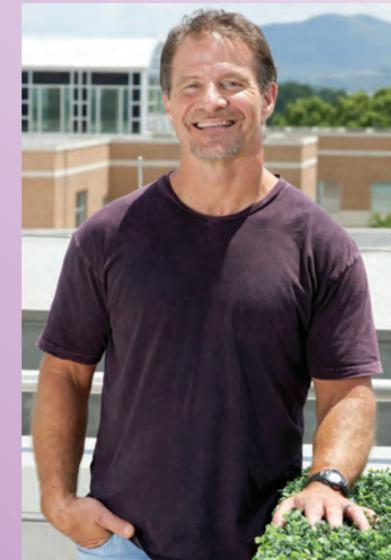
A similar relationship exists between tobacco use and health insurance costs. It is well known that cigarette smoking dramatically increases the risk of acquiring a number of chronic diseases like heart disease and cancer; so it's little wonder that many health care plans cost more for smokers than for non-smokers. Here at KSU, tobacco users pay a \$50 monthly surcharge for health care coverage. I'm sure that most who have to pay the higher premiums don't like it, but it's rare to hear anyone complain too loudly about it. Most seem to have accepted it – health care costs for smokers are higher than they are for others, and it's really just fair that they pay a higher price. In fact, it could be argued that it would be grossly unfair for nonsmokers to have to pay the increased health care cost burden of those who choose to engage in regular tobacco use.

Recently, a number of researchers and clinicians have been proclaiming that another factor has a remarkable ability to predict health care costs, in addition to the likelihood of acquiring a chronic disease or dying.

That factor is cardiorespiratory fitness, or the capacity to produce energy aerobically. Among the most common methods of assessing this capacity is a graded treadmill test,

where generally the test begins at a low speed and grade, and gradually the speed and grade increase gradually until the test subject cannot go on any longer. Those who are more aerobically fit tend to be able to stay on the treadmill longer.

A couple of studies published in 2004 showed that this one marker of fitness was among the best predictors of health care costs. Specifically, a study by Mitchell et al. (2004) found that those in the lowest quartile of cardiorespiratory fitness expended about twice as much in health care costs as those in the highest cardiorespiratory fitness quartile over 19 years of follow-up. In another study, Weiss et al. (2004) found that health care costs for those with low cardiorespiratory fitness were more than 25% higher than those with just moderate cardiorespiratory fitness. They further reported that of a number of established predictors of health care costs, cardiorespiratory fitness was the strongest, beating out things like blood pressure, cholesterol levels, and even smoking history.

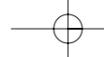


Dr. Robert Buresh (Photography by David Caselli)

Cardiorespiratory fitness provides protection from chronic disease via a host of mechanisms, and these findings are consistent with that well-established fact. So using tobacco surcharges as a parallel, is it not appropriate, and perhaps even fairer, to consider cardiorespiratory fitness in assigning costs for health care coverage? It's interesting to consider – what if there were a health care cost consequences to remaining unfit? Might incorporating cardiorespiratory fitness into the cost formula for health care premiums be enough to get more people to consider making fitness a higher priority?

Let me ask it this way – if you're not currently exercising regularly, and if you could save \$25 - \$50 per month by doing enough exercise to get out of the highest-risk cardiorespiratory fitness classification, would you do it?

I don't know of any insurance providers that measure cardiorespiratory fitness and incorporate that score into insurance rates currently, but given the strength of the relationship between fitness and health care costs, it may just be a matter of time before some begin doing so, at least experimentally. For this reason, and many others, even if you've never considered it before, doing a little something this spring to improve your fitness will very likely pay off in the long run!



● Dr. J. C. Bradbury • Employee Fitness

Box Seats: From the World of Exercise Science and Sport Management

Does Exercise Science Research Support the Pampering of Pitchers? Contributed by J.C. Bradbury



J.C. Bradbury is a Professor and Chair of the Dept. of Exercise Science and Sport Management at KSU.

Last baseball season, the Washington Nationals did something unprecedented in baseball history. In the midst of a pennant race, the organization shut down its star pitcher Stephen Strasburg after pitching only 159 innings. Though the Nationals would win the NL East, they would ultimately lose to the St. Louis Cardinals in the playoffs after giving up 32 runs in five games—that's 6.4 runs per game—while one of the game's best run-stoppers sat unused in the dugout. Why would the Nationals do such a thing?

The Nationals claimed it was for Strasburg's own good. Strasburg was returning from ulnar-collateral ligament (better known as "Tommy John") surgery and the team's front office felt that a pre-determined innings limit of 160 was needed to protect Strasburg and his valuable arm. Many writers praised the Nationals for making such a "smart" move. But was it really smart?

The problem with the Nationals strategy is that there is no evidence that limiting a pitcher's workload keeps adult pitchers healthy. A recent study by exercise science researchers Thomas Karakolis, Shivam Bhan, and Ryan Crotin studied the relationship between pitcher workloads and injuries and found popular pitching metrics such as pitches

thrown and innings pitched did not predict injuries. In a study by Sean Forman and myself, we found that the amount a pitcher pitched in preceding games had minimal impact on the performance of pitchers in future games. The lesson here is that though limiting pitchers' workloads may seem like a good idea to prevent pitcher injuries, the scientific research on the subject does not support this strategy. Thus, it appears that the Nationals may have thrown away a chance at a World Series title with a decision that isn't supported by available evidence.

While many studies have confirmed that overuse is unhealthy for youth pitchers, little has been done to assess the impact of overuse on adults. The real problem here is that very little research has been conducted on how to keep baseball pitchers healthy, which is surprising given the financial stake that major-league teams hold in these rare athletes. For this reason, this is an exciting time to be working in the field of sport science because we now have new techniques to study athletes to prevent injuries and improve performance.

Sources:

Bradbury JC, Forman S. "The Impact of Pitch Counts and Days of Rest on Performance among Major-League Baseball Pitchers." *Journal of Strength and Conditioning Research*, 2012 (May), Vol. 26 (5): 1181-1187.

Karakolis T, Bhan S, Crotin RL "An Inferential and Descriptive Statistical Examination of the Relationship between Cumulative Work Metrics and Injury in Major League Baseball Pitchers." *Journal of Strength and Conditioning Research*, forthcoming.

New Wellness Coordinator for the Employee Fitness Center

Farrah Spellman is our new Wellness Coordinator for the Employee Fitness Center. Farrah manages the KSU Employee Fitness Center located at the KSU Center, Suite 475, and has been part of the team since October 2012. She brings a fresh, energetic approach to personal fitness for program participants. Farrah earned her degree in exercise science from Morehead State University, where she competed in NCAA Division I cross country and track. She is certified as a USA Track & Field level I coach and has American College Sports Medicine (ACSM) Personal Training certification. In addition to her work at KSU, Farrah also has been a fitness trainer at the University of Louisville, YMCA, and served as assistant coach for the Manual High School's (Louisville, KY) Girls and Boys State Cross Country/Track Championship teams in 2006 and 2007. Farrah earned a Masters of Education in community health at University of Louisville. Her academic accomplishments and experience in health and wellness combined with her dedication to community health are the strengths that make her an asset to the KSU Employee Fitness Center.



Farrah Spellman, Wellness Coordinator

● Dr. Anne White, USN Reserve

Dr. Anne White, Nursing Faculty Member and Captain in the United States Navy Reserve, Honored Contributed by Jana Mitchel

Dr. Anne White, Professor of Nursing at KSU and a Nurse Corps Captain in the United States Navy, was recognized by the US Vice Admiral M.L. Nathan on behalf of the President of the United States. She received the Legion of Merit Medal for her "exceptionally-meritorious conduct in the performance of outstanding services" as the Commanding Officer of the Operational Health Support Unit, National Naval Medical Center in Bethesda, Md.

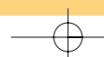
In 2009, Dr. White assumed the role of Commanding Officer. During her two year tenure, she strategically integrated with National Naval Medical Center, to maximize the training and utilization of reserve corps assets to meet the expansion of services during the historic joint medical facility merger of Walter Reed Army Medical Center and Bethesda. Walter Reed Medical Center is now the largest military facility in the U.S. and commonly referred to as the President's hospital. Dr. White served from December, 2009 to November, 2011.

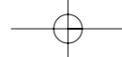
Currently, she is serving as the Chief of Staff (Reserve Corps), Navy Medicine National Capital Area. She has oversight of three large commands geographically dispersed over 33 states totaling 1500+ personnel including doctors, nurses, dentists, and other medical care professionals. Her leadership has been pivotal in the execution of military medicine's transition from a Fleet Hospital to an Expeditionary Medical Facility platform. Expeditionary Medical Facilities are smaller and more flexible military field hospitals that are ready in a moment's notice to deploy worldwide. These field hospitals look similar to the one in the television series "M.A.S.H." She is actively engaged in shaping personnel and training to provide flexible, responsive capabilities during the transition to an Expeditionary Medical Facility (EMF) platform.

In May 2012, members from one of her commands participated in a training evolution conducted at the Naval Expeditionary Medical Training Institute (NEMTI) onboard Camp Pendleton Marine Corps Base. The purpose of the evolution was to determine if a 75-member team could set up a fully-functional, 50-bed Expeditionary Medical Facility. During the training, the team erected and operated the field hospital. The training was successfully concluded with a mass casualty exercise.



CAPT White receiving Legion of Merit from RADM Stocks, Commander Navy Medicine National Capital Area.





GA Board of Regents Visit

GA Board of Regents Visits the Academy for Inclusive Learning and Social Growth at the WellStar College

Contributed by Jana Mitchell, Photography by David Caselli

On January 30, Dr. Richard Sowell, Dean of the WellStar College of Health and Human Services; and Dr. Ibrahim Elsayy, Associate Professor and Director of the Academy for Inclusive Learning and Social Growth; welcomed members of the Georgia Board of Regents (BOR) at Prillaman Hall on KSU campus.

Both aimed to bring the BOR on board to sustain the Academy for Inclusive Learning and Social Growth.

The Academy, which is a part of the WellStar College, offers students with intellectual and developmental disabilities an extraordinary opportunity -- a two-year certificate program designed to encourage independence and social and wellness education at a college level. Furthermore, the curriculum includes career planning and preparation through on-campus work experience.

Ms. Sheryl Arno, from Georgia Post-Secondary Education Consortium, organized the BOR site visit to "show off" the Academy's accomplishments.

Dr. Ken Harmon, Provost and Vice President of Academic Affairs at KSU, Academy staff and student mentors, Academy students and graduates, parents, as well as several WellStar College's faculty members were in attendance.

During the meeting, students and parents described their remarkable experience, some telling an emotional story of what the Academy meant to them. One of the highlights of the event was a student's account of living in the dorm, away from his parents for the first time.

The BOR members assured all participants of their support as reflected in Governor Deal's Georgia Higher Education Completion Plan to meet the needs of future job markets requiring a certificate, associate's degree, or bachelor's degree.

The team of visiting BOR members included Mrs. Dawn Cooper, Director of College Readiness; Ms. Sheila Jones, Executive Director of Innovation and Policy; Tabitha Press, K-12 Liason; Dr. Lynne Weisenbach, Vice Chancellor for Educational Access and Success; and Sarah Wenham, Director of Student Access.



Patricia Roper-Hubbert, mother of Academy student Brielyn Roper-Hubbert, telling her story of what the Academy means to her family.



Five members of the GA Board of Regents smile as an Academy student describes living in the dorm "...away from his parents for the first time!..."

The Academy for Inclusive Learning and Social Growth

► Georgia Governor Nathan Deal has recognized the Academy for Inclusive Learning and Social Growth in the WellStar College of Health and Human Services at KSU as a model program that should be duplicated across the University System in the State of Georgia.



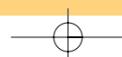
Welcoming GA Board of Regents members (from l. to r.): WellStar College's Dean Richard Sowell; Dr. Ibrahim Elsayy, Director of the Academy for Inclusive Learning and Social Growth; Kari Cain, Academy Employment Counselor.



Jill Sloan, Academy Program Coordinator, presents to the members of GA Board of Regents.



The Academy students and their parents; the Academy director, staff and mentors; GA Board of Regents members; and WellStar College's Dean at the ending of the event.



● Dr. Pat Nobbie Honored

The Academy for Inclusive Learning and Social Growth Honored Dr. Pat Nobbie

Contributed by Kari Cain, Photography by David Caselli

On November 26, 2012, WellStar College's Academy for Inclusive Learning and Social Growth honored **Dr. Patricia Nobbie** with a Special Service Award. Dr. Richard Sowell, Dean of the WellStar College of Health and Human Services, presented Dr. Nobbie with the award.

During her tenure as the Deputy Director of Georgia Council on Developmental Disability, (GCDD), Dr. Nobbie was prominent in the creation of the Academy and provided grant funding each year since the Academy's founding. She was instrumental in securing scholarships and tuition assistance for the Academy's students.

During the reception, parents and students articulated their appreciation for Dr. Nobbie's work and spoke about the positive impact the program has had on them as well as the community. The accounts of parents, students and the Academy team (staff, faculty and student mentors) were heartfelt. Other guests - Sheryl Arno, Susanna Miller and Stacy Ramires from the GSU Center for Leadership in Disability; Dr. Lu Nations-Miller, Transition Specialist for the Georgia Department of Education; Bonnie Dye, Program Specialist from the Georgia Department of Education; Renee Simoneaux from Georgia United Cerebral Palsy; and Dr. Karla Wade, Transition Coordinator for Cobb County School District, attended.



Dean Richard Sowell presents Dr. Pat Nobbie with an award for her vision, dedication and commitment to inclusive education in Georgia's universities and colleges.



Brielyn Roper-Hubbert and her mother Patricia (center) give an emotional thank you to Dr. Nobbie.

● Dr. Pat Nobbie • WXIA News Story • Announcements



Students and all who support them during their educational experience at the Academy for Inclusive Learning and Social Growth pose during Dr. Nobbie's award reception.

Disability Advocates Seek \$400K from GA Budget to Support Post-Secondary Education Programs

Contributed by Kari Cain

AADD (All about developmental disabilities) is supporting a budgetary request of \$400,000 to launch new post-secondary programs for students with intellectual disabilities. These programs can quickly become self-sustaining, but without funds for initial start-up costs, colleges and universities have no incentives to begin these programs. KSU is the only university in Georgia to offer a program for students with intellectual disabilities.

WXIA 11 Alive news aired a story about the search for funding from the state's budget. Reporter Julie Wolfe was on campus interviewing Academy students Ben Lewis and Myles Thomas and Program Coordinator Jill Sloan about their experiences with the Academy. The story was later published on www.usatoday.com.

WXIA reporter Julie Wolfe films Academy students in a career development lesson with Employment Counselor Kari Cain.



WCHHS and The Academy Announcements

Dr. Ibrahim Elsayy, Regional Director of Arab World Projects in IGI, assumes the role of Director of the Academy. Dr. Elsayy brings valuable knowledge and work ethic to his new position. Ibrahim will also continue to work with our international programs in the Arab World in addition to directing the Academy.

Dr. Harry Stern who has taken a leadership role in establishing and developing the Academy for Inclusive Learning and Social Growth in the WellStar College has accepted a new challenge and has left the WellStar College at the end of December 2012. The WellStar College would like to thank

Dr. Stern for his vision and hard work on behalf of this unique program in the WellStar College. The program has grown from 3 students in its initial year to 16 students this year. The Academy represents the only such program in Georgia and one of the few in the United States. Dr. Stern has been a steadfast advocate for this program gaining the respect of numerous groups across Georgia and the nation. The legacy Dr. Stern and his team is one that will have a significant influence on the lives of the students who attend this program, their families, and the State of Georgia. Congratulations on a job well done!

● **Community Engagement • Faculty Recognized**

Nursing Professor Takes Community Engagement to Heart

One of Kennesaw State University's strategic goals is to become more engaged and prominent in the local community, Georgia, the nation, and the world.

Dr. Kathie Aduddell, Associate Professor of Nursing, demonstrates the implementation of community engagement through her professional service and leadership efforts at Saint Joseph's Hospital of Atlanta.

This hospital was founded by the Sisters of Mercy in 1880. It is Atlanta's oldest hospital, and today, as the 410-bed, acute-care facility is recognized as one of the top specialty-referral hospitals (<http://www.stjosephsatlanta.org/about/index.html>). The hospital received Magnet Recognition® in 1995 and over the years has maintained this highest international recognition for nursing excellence which acknowledges healthcare organizations for quality patient care, nursing excellence and innovations in professional nursing practice (<http://www.nursecredentialing.org/Magnet/ProgramOverview>).

Dr. Aduddell states: "It has been a privilege and honor to serve with this group of professional nurses during my tenure at Kennesaw State University." Dr. Aduddell has served as an academic/community member for the Saint Joseph's Hospital, Nursing Research Council and has been able to truly demonstrate KSU's strategic initiative to connect the community and university through her involvement in evidence-base practice and research initiatives.



Examples of Dr. Aduddell's service include mentoring the hospital's nurse researcher in establishing her advanced practice role, developing a Nurse Research Scholar Program for direct care/bedside nurses, and mentoring participants of this program through various evidence-based projects and research initiatives. In particular, the Nurse Research Scholar Program provides an opportunity to create best practices that contribute to the professional research practice of direct care/bedside nurses.

Participants attend numerous educational sessions, receive an instructional manual, and have one-on-one consultation with the on-site nurse researcher and academic faculty who partner with the hospital to support this program. Through this program, 17 nurses have developed and enhanced their competencies and skills related to nursing research.

Dr. Aduddell's service and mentoring activities have assisted this wonderful group of professional nurses in achieving extraordinary endeavors. Dr. Aduddell has implemented a community framework that has created synergies among this university and a local community of professional nurses as well as raised the profile of KSU. In addition, other KSU nursing faculty are becoming involved in this community engagement, such as **Dr. Patricia Hart**, Assistant Professor of Nursing, who has been instrumental in mentoring a group of professional nurses in their research.

● **H.O.O.T.S : Healthy Options and Opportunities Team**



From l. to r.: Jordan Rice, junior with a major in Sports Management, and Jessica Iarocci, senior with a major in Exercise and Health Science and part of the H.O.O.T.S since 2009, were chosen out of hundreds of program submissions to present at the annual BACCHUS an original presentation titled "The Six Keys of Driving: Tips for Safer Drivers and Safer Roads" at the General Assembly in Orlando, FL.

The H.O.O.T.S. Present at the National Level

Contributed by Sabrina Petusevsky, MS, CHES Peer Health Educator Coordinator

On November 1st, five students in the Peer Health Education Program, better known as The H.O.O.T.S. (Healthy Options and Opportunities Team), attended the annual BACCHUS Network General Assembly in Orlando, FL, to celebrate their accomplishments, share their successes and challenges, as well as learn new and unique ideas from the other students who were attending from more than 120 campuses.

In 2006, The Center for Health Promotion and Wellness formed a peer health education program to help develop more of a multi-dimensional approach of addressing the health needs of KSU students. Peer educators have a unique ability to effectively reach students on a different level than a faculty or professional staff member. The goal is to provide students at KSU with accurate information, as well as equip them with practical and necessary skills so that they can ultimately make responsible choices when it comes to their personal health and well-being. Peer educators are not professionals; however, they receive special training specifically related to the college student population. Following the training, the peer educators are certified through the BACCHUS Network as a Certified Peer Educator (CPE). The BACCHUS Network is a national peer educator network comprised of more than 32,000 student leaders and advisors on more than 900 campuses throughout the world.

For the second year in a row, two students from the H.O.O.T.S., **Jordan Rice**, a junior with a major in Sports Management, and **Jessica Iarocci**, a senior with a major in Exercise and Health Science and part of the H.O.O.T.S since 2009, were chosen out of hundreds of program submissions to present at the annual BACCHUS an original presentation titled "The Six Keys of Driving: Tips for Safer Drivers and Safer Roads" at the General Assembly. It was presented in an interactive format and focused on a variety of issues including alcohol safety, the dangers of driving under the influence of alcohol and other drugs, drowsy driving, and distracted driving. Audience members were given the opportunity to ask questions and learn how they could apply this specific program to their respective campuses. The presentation received excellent feedback from both peer educators and campus advisors from various campuses. Additionally, it allowed KSU students to showcase their efforts and accomplishments to members of universities and colleges around the world who may not be aware of what Kennesaw State University has to offer.

Also representing the H.O.O.T.S., the Center for Health Promotion and Wellness, the WellStar College of Health and Human Services, and Kennesaw State University at the General Assembly were students **Austin Sexton**, **Chelsea Scott**, and **Nneka Uwaje**.

Nursing Faculty Drs. Janice Long, Nicole Mareno, Becky Shabo and Astrid Wilson recognized by Editor-in-Chief, *Journal for Specialists in Pediatric Nursing*...

Dear Drs. Long, Mareno, Shabo, and Wilson:

I am pleased to inform you that your 2012 article in JSPN, "Overweight and Obesity among White, Black, and Mexican American Children: Implications for When to Intervene" has been awarded one of two 2012 JSPN Article Awards.

The article was chosen on the merits of content, innovation, and research design. Additionally, we considered the fact that full text of the article had been downloaded 2,550 times by November, 2012, placing it among the most popular articles published last year.

Our publisher, Wiley-Blackwell, has awarded each of you a one-year online subscription to JSPN. On behalf of the editors and editorial board, thank you for choosing JSPN to disseminate your work. Congratulations on this honor!

Roxie L. Foster, PhD, RN, FAAN Professor Emerita Editor-in-Chief, *Journal for Specialists in Pediatric Nursing*

● Shining Star Awards

WCHHS Announcement: Glenn Redd was the Winner of KSU Shining Star Award for September, 2012

Glenn Redd, IT Systems Support Professional assigned to assist in the WellStar College of Health and Human Services, was a Shining Star award winner for September 2012. The Shining STAR award goes to KSU staff and faculty who have gone "above and beyond" in their delivery of customer service to KSU constituents.

Glenn spent a significant amount of time working with University College to build their new website. His award nominator from the University College stated: "He is collegial and courteous to everyone in our college, takes time out of his day to come to meetings to hear our feedback, responds promptly to requests for changes, and has some great patience. Glenn is quite responsive to emails, phone calls, requests for meetings, and work sessions. I know nothing about Dreamweaver, but he answers my novice questions with respect and helps me clearly understand what is and is not possible. Simply put, we would not have a new website without Glenn and his willingness to work an extra job for three months. His expertise and intelligence have been incredibly helpful as the designer's Photoshop creations had to be rebuilt in Dreamweaver and then content built for an ever-growing number of pages. He was vital in our ability to launch the new website on Sept. 17." Congratulations Glenn!



WellStar School of Nursing Announcement

Congratulations to **Katherine Rodgers**, Administrative Associate at the WellStar School of Nursing and KSU's annual shining star winner for 2011-2012. Kathy was presented with an award plaque and visa gift card, courtesy of the Credit Union of Georgia, at the opening of school ceremony on August 15, 2012. Kathy was selected from the pool of 2011-2012 monthly shining star winners.

The KSU customer service council, now known as the G.E.M. (Going the Extra Mile) council, selects nominations for staff, faculty and student assistants who have gone the extra mile in delivering service. Thanks Kathy for continually going the extra mile!!



● Fitness for Living Speaker • Sport and Talent Workshop

Fitness for Living Speaker Series - Within-Day Thermodynamics

Contributed by Amy Howton

The Departments of Exercise Science and Sport Management (ESSM) and Health Promotion and Physical Education (HPE) hosted this year's Fitness for Living Speaker Series in Prillaman Hall, on September 17, 2012. Dan Benardot, PhD, RD, LD, FACSM was the featured speaker.

Dr. Benardot cofounded and directs Georgia State University's Laboratory for Elite Athlete Performance. He served as the national team nutritionist for the 1996 gold-medal-winning USA Womens Gymnastics team in Atlanta, and for the 2004 medal-winning US marathoners in the 2004 Athens Olympics. He also worked with the marathoners selected to represent the US in the 2008 Olympics at Beijing, and with runners representing the US in the 2012 London Olympics. He was a founding member of the Athlete Wellness Committee for USA Gymnastics, and is currently national team nutritionist for US Figure Skating, working with the top figure skating competitors and coaches in the United States. He has authored numerous journal articles and book chapters, and his most recent book, *Advanced Sports Nutrition-2nd Edition* © 2012 was published this year by Human Kinetics. Dr. Benardot is the inventor of the "NutriTiming®"

computer application which incorporates his research on real-time energy balance and is used widely by elite athletes.

Dr. Benardot spoke on Within-Day Thermodynamics and its relationship to optimal weight, body composition and total well-being, the subject of the focus of his research. While most nutritionists look at end-of-day energy balances (how much a person consumed compared to their expenditures for the whole day), Dr. Benardot's research has explored the body's needs throughout the day, and he has found that varying from those needs causes the body composition to move toward fatness, with an accompanying reduction in well-being and athletic success. His ongoing research has included many Olympic athletes and Olympic teams, including USA Figure Skating, Women's Gymnastics, and the Olympic Marathon team, to name a few. Dr. Benardot explained how our post-Industrial Revolution culture combines with our work, school, and workout schedules to make it difficult to obtain the nutrition we need at the times we need it, and he offered numerous examples and suggestions for correcting this complex problem.



Dr. Benardot at the Olympic Training Center (Colorado Springs) with US National figure skating champions (pairs), Caydee Denney and John Coughlin. The event was 'champs camp' where the top five skaters in each discipline (singles, pairs, dance), their coaches, and the top judges came together for screening.

Sport and Talent Workshop

Contributed by Susan Whitlock



From L to R.: Larry Lauer from Michigan State; Susan Whitlock, Assistant Professor of Health Promotion and Physical Education KSU; Kristen Dieffenbach, West Virginia University.

In October 2012, the Department of Health Promotion and Physical Education sponsored a town hall session featuring two leaders in the promotion of athlete-centered youth sport programs. Kristen Dieffenbach (West Virginia University) and Larry Lauer (Michigan State) facilitated a workshop entitled, "Sport and Talent, Coaching and Parenting Best Practices" on Wednesday, October 3, at the KSU Center. In attendance were coaches and parents from the local community, along with KSU students and faculty and several KSU alumni. Dieffenbach and Lauer shared their expertise in conjunction with the annual convention of the Association for Applied Sport Psychology. Lauer is the Director of Coaching Education and Development at the Institute for the Study of Youth Sports at Michigan State University, and Dieffenbach is an Associate Professor of Athletic Coaching Education at West Virginia and is also an elite-level USA Cycling certified coach.

● Awards • Offices Held • Funding • Publications

AWARDS

Marie Bremner, 2012 Mu Phi Chapter, Sigma Theta Tau, Academic Service Award.

HONORS AND OFFICES HELD

James Montgomery was named to University of North Georgia Athletic Advisory Board.

St. Pierre, P. - Chair-elect for the University/College for the Georgia Association for Health, Physical Education, Recreation and Dance.

FUNDING

Kennesaw State University Receives \$10,750 Grant from the Governor's Office of Highway Safety

Kennesaw, GA (November 27, 2012) – Kennesaw State University is joining forces with the Governor's Office of Highway Safety to combat alcohol abuse, including underage drinking and impaired driving.

Through GOHS, the WellStar College's **Center for Health Promotion and Wellness** has received a **\$10,750** grant to participate in the Georgia Young Adult Program. Designed for colleges and universities throughout the state, the Georgia Young Adult Program focuses on peer education in order to promote and

The KSU Community Clinic recently received two grants. The Development Office received **\$10,000** in funding from the **Mary Allen Lindsay Branan Foundation** for medical supplies, office supplies, and records management.

The Clinic received its second grant from the **Cobb County Community Development Block Grant Program**. The **\$15,000** in funding from this grant will be used to pay the phlebotomist/interpreter and an interpreter.

PUBLICATIONS

Annette Bairan, Miriam Boeri, Janice Morian, Methamphetamine use among suburban women: Implications for nurse practitioners, accepted by the American Academy of Nurse Practitioners.

Bradbury, J.C., "Did Jose Canseco Really Improve the Performance of His Teammates by Spreading Steroids? A Critique of Gould and Kaplan." *Econ Journal Watch*, 2013 (January) Vol. 10 (1).

Bradbury, J.C., "What Is Right with Scully-Estimates of a Player's Marginal Revenue Product." *Journal of Sports Economics*, 2013 (February), Vol. 14 (1): 87-96.

Bradbury, J.C., "The Myth of the Hotel-Motel Tax." *Atlanta Journal-Constitution*, February 13, 2013.

Buresh, R., Exercise and glucose control. (2013). *Journal of Sports Medicine and Physical Fitness*. In press.

Long, J., Mareno, N., Shabo, R., & Wilson A., 2012 Journal for Specialists in Pediatric Nursing Article Award. "Overweight and Obesity among White, Black, and Mexican American Children: Implications for When to Intervene."

Wang, J. - Chair-elect for the Sport Psychology Commission of National Association of Sport and Physical Education (NASPE) of the American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD).

bring awareness to highway safety issues including alcohol education, alcohol abuse prevention, impaired driving, underage drinking, risk reductions, and other destructive decisions. The long-term goal of the program is to create safer, more-healthy campus environments. Kennesaw State University will use this grant to help educate KSU students on the detriments to drinking and driving and other components of alcohol misuse. The grant runs from October 1, 2012 through September 30, 2013. The grant is the Center's for Health Promotion and Wellness sixth award from GOHS.

Two undergraduate Exercise Science students (Joshua Pavon and Katherlyne Castro) received federal funding to attend the Annual Meeting of the American College of Sports Medicine in San Francisco, CA in summer 2012. The students were sponsored by the Federation of American Societies for Experimental Biology (FASEB) to gain exposure to scientific meetings and encourage career interests in research. Their FASEB faculty mentor was **Dr. Lyndsey Hornbuckle**.

Refereed Journal Article accepted 12/17/2012: **Collard, C.**, Lewinson, T., Watkins, K. (2013). Supportive Housing: An Evidence-Based Intervention for Reducing Relapse among Low Income Adults in Addiction Recovery. *Journal of Evidence-Based Social Work*. (in press).

Davis, R., Rocco-Dillon, S., Grenier, M., **Martinez, D., Aenchbacher, A.** (2012). Implementing disability sports in the general physical education curriculum. *Journal of Physical Education, Recreation & Dance*, 83(5), 35-41.

Esmat, T.A., Clark, K.E., Muller, M.D., Juvancic-Heltzel, J.A., & Glickman, E.G. (2012) 53 hours of sleep deprivation has no effect on rewarming from cold air exposure. *Wilderness and Environmental Medicine*, 23(4), 349-355.

● Publications

De Chesnay, M. (2013). *Sex trafficking: A clinical guide for nurses*. New York: Springer.

Disher, J., Desai, A., Burgum, A., Fallon, C., **Hart, P., & Aduddell, K.** (2013). The effect of unit-based simulation on nurses' identification of the deteriorating patient. *Journal for Nurses in Staff Development*. Accepted for publication January, 2013.

Hart, P., Brannan, J. & de Chesnay, M. (2012). Resilience in nurses: An integrative review. *Journal of Nursing Management*. Published online Nov. 2, 2012.

Person, J., Spiva, L., & **Hart, P.** (2012). An ethnographic study: The culture of an emergency department. *International Emergency Nursing Journal*, Available online December 2012 doi:10.1016/j.ienj.2012.10.001.

Holtz, C. and **Sowell, R.** (2012). Oaxacan women with HIV/AIDS: resiliency in the face of poverty, stigma, and social isolation. *Women and Health*. (In press).

Holtz, C. (2013). *Global Healthcare: An introduction*. Global Healthcare. Burlington, MA.: Jones and Bartlett Learning. 1-50.

Holtz, C. (2013). *Global Health in developed societies: Examples in the United States, Sweden, Japan, and the United Kingdom*. In C. Holtz. (Ed). *Global Healthcare*. Burlington, MA.: Jones and Bartlett Learning. 19-50.

Holtz, C. and **Elsawy, I.** (2013). *Developing countries: Egypt, China, India, and South Africa*. In C. Holtz. (Ed). *Global Healthcare*. Burlington, MA.: Jones and Bartlett Learning. 53-87.

Holtz, C. (2013). *Global perspectives on violence, injury, and occupational health*. . In C. Holtz. (Ed). *Global Healthcare*. Burlington, MA.: Jones and Bartlett Learning. 325-350.

Holtz, C., Plitnick, K., and Friedman, M. (2013). *Global perspectives on nutrition*. . In C. Holtz. (Ed). *Global Healthcare*. Burlington, MA.: Jones and Bartlett Learning. 355-381.

Holtz, C. (2013). *Global health in reproduction and infants*. In C. Holtz. (Ed). *Global Healthcare*. Burlington, MA.: Jones and Bartlett Learning. 429-458.

Whitt-Glover, M.C., J.C. Hunter, C. Foy, S.A. Quandt, M.Z. Vitolins, I. Leng, **L.M. Hornbuckle**, K.A. Foster, A.G. Bertoni. Feasibility of translating the Dietary Approaches to Stop Hypertension (DASH) diet for use in under resourced urban African American communities. *Preventing Chronic Disease*. In Press.

Hornbuckle, L.M., M. McKenzie, and M.C. Whitt-Glover. Adherence to high-intensity interval training in overweight and obese African-American women. *Medicine & Science in Sports & Exercise*. 44(5):S118, 2012. (Abstract).

Hultquist, C., Hardin, R Hoppe, S. Relationship between the susceptibility to eating disorders, self-esteem, and body image in female student athletes. *Journal of Athletic Training* (in press).

Kimberly Kulavic, **Cherilyn N. Hultquist & John R. McLester** (2012): A Comparison of Motivational Factors and Barriers to

Physical Activity Among Traditional Versus Nontraditional College Students, *Journal of American College Health* (in press).

V. Pisprasert, **K.H. Ingram**, MF Lopez-Davila, AJ Munoz, WT Garvey. Limitations in the Use of Indices Using Glucose and Insulin Levels to Predict Insulin Sensitivity: Impact of Race and Gender and Superiority of the Indices Derived from Oral Glucose Tolerance Test in African Americans. *Diabetes Care* (2012). PMID: 23223406.

Johnson, H.P., Porter, K., Petrillo, J. (2012). Autism knowledge among pre-service teachers specialized in children birth through age five: implications for health education. *American Journal of Health Education*. 42(5): 279-287.

Long, J., Mareno, N., Shabo, R., & Wilson, A. (2012) Overweight and Obesity among White, Black, and Mexican American Children: Implications for When to Intervene. *Journal of Specialists in Pediatric Nursing*. 17(1) 41-50 DOI: 10.1111/j.1744-6155.2011.00309.x.

Davis, R., Rocco-Dillon, S., Grenier, M., **Martinez, D., Aenchbacher, A.** (2012). Implementing disability sports in the general physical education curriculum. *Journal of Physical Education, Recreation & Dance*, 83(5), 35-41.

Long, J., Sowell, R., Bairan A., Holtz, C., Curtis, A. & Fogarty, K. (2012). Exploration of Commonalities and Variations in Health Related Beliefs across Four Latino Subgroups Using Focus Group Methodology: Implications in Care for Latinos with Type 2 Diabetes. *Journal of Cultural Diversity*. 19(4). 133-142.

Pitts, Joshua D., and Jon Rezek, (2012). Athletic Scholarships in Intercollegiate Football. *Journal of Sports Economics*, 13(5):515-535.

Sowell, R. and **Holtz, C.** (2013). Depression in HIV-infected Oaxacan Women: Implications for mental health services. *Online Journal of Medicine and Medical Science Research*. (in press).

Taylor, G. A. & Blake, B. J. (2012). Sexually transmitted infections. In, M. de Chesnay (Ed.), *Sex Trafficking: A Clinical Guide for Nurses*. New York, New York: Springer Publishing Company.

Wang, J. & Chen, S. H. (Accepted for the book publication in the December of 2012). *Applied motor learning*. Morgantown: Fitness Information Technology Publisher.

Wang, J. & Straub, W. (2012). An investigation into the coaching approach of a world class soccer coach: A case study on Anson Dorrance. *International Journal of Sport Science and Coaching*, 7, 431-444.

Wilson, A., Blake, B., Taylor, G. & Hannings, G. (2013) Cinemeducation: Teaching Family Assessment Skills Using Full Length Movies. Accepted for publication *Journal for Public Health Nursing* (in press).

● Presentations

PRESENTATIONS

Blake, B. & Taylor, G. A. Surprised to be Alive! Aging with HIV. 25th Annual Association of Nurses in AIDS Care Annual Conference, Tucson, AZ, November 15 – 17, 2012 (Podium Presentation).

Blake, B. & Taylor, G. A. What Are the Educational Needs of Older Persons Living with HIV? Gerontological Nursing Care: A Safe Harbor, 27th Annual Convention, Baltimore, MD, October 4 – 6, 2012 (Podium Presentation).

Bremner, M. and Maguire, M. (2012). Improving a Culture of Safety through the Integration of Teamwork Simulation. Summer Institutes on Evidenced-Based Quality Improvement. San Antonio, Texas, July.

Bremner, M. and Maguire, M. (2012). Integration of QSEN Competency: Teamwork and Collaboration within a Simulation Center. QSEN National Forum Innovation to Transformation, Tuscan AZ, June.

Bremner, M. and Maguire, M. (2012). TeamSTEPPS Strategies and Tools to Enhance Performance and Patient Safety within a Nursing Curriculum. The fourth International Scientific Conference April 2012. Faculty of Nursing, Helwan University, Egypt in Collaboration with Kennesaw University (KSU), USA.

Bremner, M. (2012). Best Practices for Student Success in the Classroom. ATI Regional Summit, Emory University, March 2012. Atlanta GA (Regional).

Bremner, M. & Maguire, M. (2012). Integrating TeamSTEPPS, a Teamwork System, Into Simulation and Lab Experiences Across the Curriculum. Georgia Association for Nursing Education Conference, "Reshaping Nursing Education" Pine Mountain, Georgia, February 2012. State Conference, Paper presentation.

Brooks, K., Hart, P., Brannan, J., Long, J., Maquire, M. B., & Robley, L. (January 2013) Improving BSN Students performance in recognizing and responding to acute patient clinical deterioration. Poster presentation at the 2013 Elsevier Faculty Development Conference, Las Vegas, Nevada (National).

Esmat, T.A., Mitchell, D.B., and McLester, J.R. (2013). The relationship between executive function, body composition and strength in older adults: fitness or fatness. Annual Meeting of the Southeast Chapter of the American College of Sports Medicine, Greenville, SC.

Disher, J., Desai, A., Burgum, A., Fallon, C., & **Hart, P., & Aduddell, K.** (September 2012) The effect of unit-based simulation on nurses' identification of the deteriorating patient. Podium presentation at the 2012 An Evidence-Based Practice Toolkit for Bedside Nurses: Nursing Research Conference. Atlanta, GA (Regional).

Hart, P., & Mareno, N., Nurses' Perceptions of their Cultural Competence in Caring for Diverse Patient Populations. Transcultural Nursing Society 38th Annual Conference, Orlando, Florida, October 2012. International conference (podium presentation).

Hart, P., & Long, J. (September 2012). Research designs. Podium presentation (Invited Speaker) presented at the 2012 An Evidence-Based Practice Toolkit for Bedside Nurses: Nursing Research Conference. Atlanta, GA (Regional).

Person, J., Spiva, L., & **Hart, P.** (September 2012). An ethnographic study: The culture of an Emergency department. Podium presentation at the 2012 An Evidence-Based Practice Toolkit for Bedside Nurses: Nursing Research Conference. Atlanta, GA (Regional).

Hornbuckle, L.M., M. McKenzie, and M.C. Whitt-Glover. (2012). Thematic Poster Presentation: Adherence to high-intensity interval training in overweight and obese African-American women. American College of Sports Medicine Annual Meeting, San Francisco, CA.

Dr. Lyndsey Hornbuckle was an invited guest speaker at 21 Minute Fit for Life, a private fitness studio in Walnut Creek, CA in June 2012. She spoke about the health benefits of resistance training and provided motivation for members to continue exercise.

Howton, A. (November, 2012). Dance peer review can improve dance understanding! Oral session presented at the 2012 annual conference for the Georgia Association for Health, Physical Education, Recreation and Dance, Savannah, Georgia.

Johnson, P.H., Porter, K., Petrillo, J. (October, 2012). A study of school lunch consumption among elementary school students. Oral session presented at the 86th National Annual Conference of the American School Health Association, San Antonio, TX.

Johnson, H.P., Petrillo, J., Porter, K. (2012). Team Work? – An effective strategy to discourage "free riders" and encourage team leaders. 2012 Southern District Convention of the Association for Health, Physical Education, Recreation and Dance, Orlando, FL, Feb. 8-12, 2012.

Maguire, M.B., & White, M.K. (2013, January). Flipping the Classroom: Placing a Bet and Finding Success. Poster presented at the Elsevier Faculty Development Conference, Las Vegas, Nevada.

Mareno, N., & Hart, P., A Comparison of Cultural Competence among Nurses with Undergraduate and Graduate Level Education: Implications for Nursing Education. Transcultural Nursing Society 38th Annual Conference, Orlando, Florida, October 2012. International conference (poster presentation).

Mareno, N., & King, M.G. (2011, October). Parental Perceptions of Healthy Eating and Physical Activity: A Photovoice Project. 17th Annual Qualitative Health Research Conference (International Institute of Qualitative Methodology), Vancouver, British Columbia, Canada, International Conference (poster).

McPherson, I., Johnson, H.P. (2012), Autism Knowledge and Attitudes among Birth to Five Early Childhood Education Majors. Paper presented at the 2012 Annual Convention of the American

● Presentations • Book Chapters

Alliance for Health, Physical Education, Recreation and Dance, Boston, MA, March 13-17, 2012.

Petrillo, J., Johnson, P., Porter, K. (2012). Bipolar Disorder Among the Pediatric Population: A Comprehensive Review. American Alliance for Health, Physical Education, Recreation, and Dance National Convention. Boston, MA, March 13-17, 2012.

Petrillo, J., Petusevsky, S. (2012). Strategies to Recruit and Train Peer Health Educators on College Campuses via a Peer Health Education Elective Course. American Alliance for Health, Physical Education, Recreation, and Dance National Convention – College/University Instructional Physical Activity Program and Wellness Half-Day Conference. Boston, MA, March 13-17, 2012.

Petrillo, J., Johnson, P.H., & Porter, K. (October, 2012). An examination of bipolar disorder among youth: Diagnostic, treatment and school-based considerations. Roundtable presentation at the 86th National Annual Conference of the American School Health Association, San Antonio, TX.

Porter, K., & Williams, S. (October, 2012). Trends in health and physical education certification: Implications for teacher preparation. Roundtable presentation at the 86th National Annual Conference of the American School Health Association. San Antonio, TX.

Porter, K.J. (2012). Teaching controversial issues in health education. Workshop presented at the 2012 Annual Summer Institute for the Georgia Association for Health, Physical Education, Recreation and Dance, Marietta, GA, June 17-19, 2012.

Porter, K.J. (2012). Strategies to address teen dating violence. Workshop presented at the 2012 Annual Summer Institute for the Georgia Association for Health, Physical Education, Recreation and Dance, Marietta, GA, June 17-19, 2012.

Rendini, V., Ramsey, M., Rowland, J., Wetherell, C., Stacy, B. (2012). Traveling the Oregon Trail and other trails of fitness. Workshop presented at the 2012 Annual Summer Institute for the Georgia Association for Health, Physical Education, Recreation and Dance, Marietta, GA, June 17-19, 2012.

Rendini, V. & Scheck, L. (November, 2012). Clean up the backyard: Integrating physical education with community and environmental health. Oral session presented at the 2012 annual conference for the Georgia Association for Health, Physical Education, Recreation and Dance, Savannah, Georgia.

Smith, A., & Porter, K.J. (November, 2012). Standards based assessment of teacher candidate performance in field-based learning experiences. Oral session presented at the 2012 annual conference for the Georgia Association for Health, Physical Education, Recreation and Dance, Savannah, Georgia.

Smith, M. A., Stiehl, J., St. Pierre, P., and Steffen, J. P. (2012). Content Relevance in Undergraduate Teacher Education Programs. A poster presentation at the Physical Education Teacher Education Conference, Las Vegas, NV.

Taylor, G. A. & Blake, B. J. Perceptions of Aging Among Older HIV Positive African Americans. Research Centers in Minority Institutions, 13th International Symposium on Health Disparities, San Juan, PR, December 10 – 13, 2012 (Poster Presentation).

Wang, J. & Calloway, J. (2012), East meets west: What can we learn from each other in research, presented at the Conference of National Association of Kinesiology and Physical Education in Higher Education in San Diego, California.

Whitlock, S., & Johnson, J.D. (November, 2012). More outdoor! Oral session presented at the 2012 annual conference for the Georgia Association for Health, Physical Education, Recreation and Dance, Savannah, Georgia.

BOOK CHAPTERS

Mareno, N., & de Chesnay, M. (2013), Malnutrition. In M. de Chesnay (ed.) Sex trafficking: A clinical guide for nurses. New York: Springer Publishing Company.

Continuing Education Courses for Professional Development

Kennesaw State University is committed to facilitating continuing education for life-long learners. Courses are available in leadership, service, and professional development for the health care community, blending the success of academia and clinical practice. Academic support for these programs draws on the expertise of the university faculty, as well as expert practitioners from the local health care systems.

Nurse Refresher Course	Online, March and September
Nurse Refresher Course	On-campus, May and December

Contact us:

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To Register, go to: <http://www.kennesaw.edu/chhs/coned>