

## **CURRICULUM VITAE**

ROBERT BURESH  
Associate Professor  
April, 2018

### **GENERAL INFORMATION**

Kennesaw State University  
520 Parliament Garden Way NW  
HSB #4017, MD #4104  
Kennesaw, GA 30144  
470-578-6488  
rburesh@kennesaw.edu

### **EDUCATION**

- May, 2007                      Ph.D – University of Nebraska Medical Center, Medical Sciences  
Interdepartmental Area
- May, 2002                      M.S. – University of Nebraska at Omaha, Exercise Science
- December, 1998              B.S. – University of Nebraska at Omaha, Exercise Science

### **PROFESSIONAL EXPERIENCE**

- August, 2013 – Present      Associate Professor, Department of Exercise Science and  
Sport Management, Kennesaw State University, Kennesaw,  
GA
- August, 2008 – July, 2013   Assistant Professor, Department of Exercise Science and Sport  
Management, Kennesaw State University, Kennesaw, GA
- August, 2004 – May, 2008   Visiting Instructor/Fixed-term Professor, Department of Health  
and Human Performance, Nebraska Wesleyan University,  
Lincoln, NE
- June, 2001 – August, 2003   Part-time Instructor, School of Health, Physical Education, and  
Recreation, University of Nebraska at Omaha, Omaha, NE

### **PROFESSIONAL CERTIFICATIONS**

American College of Sports Medicine – Certified Exercise Physiologist  
National Strength and Conditioning Association – Certified Strength and Conditioning  
Specialist

## **MEMBERSHIP IN PROFESSIONAL ORGANIZATIONS**

American College of Sports Medicine

Southeastern American College of Sports Medicine

National Strength and Conditioning Association

## **HONORS, AWARDS, AND FELLOWSHIPS**

Fellow, American College of Sports Medicine (FACSM), November, 2017

Kennesaw State University Wellstar College of Health and Human Services Endowed Fellow, 2014

Distinguished Alumni Award, 2014, University of Nebraska at Omaha College of Education

Graduated Summa Cum Laude, 1999, University of Nebraska at Omaha (Cumulative GPA – 4.0)

Dean's Award, 1999, University of Nebraska at Omaha College of Education

Undergraduate of the Year in Exercise Science, 1999, University of Nebraska at Omaha School of Health, Physical Education, and Recreation

Undergraduate of the Year in Exercise Science, 1997, University of Nebraska at Omaha School of Health, Physical Education, and Recreation

## **TEACHING, SUPERVISION, & MENTORING**

### **COURSES TAUGHT**

#### **Classes taught at Kennesaw State University:**

HPS 1000 – Fitness for Living. Emphasis on the importance of physical activity, nutrition, stress and weight management, and health-related fitness components. Topics developed with practical applications to one's life-style including opportunities to assess selected fitness, nutritional and activity patterns, and to develop and participate in a personalized physical activity program.

HPS 2100 – Introduction to Exercise Science. An introduction to exercise and health science. Topics include historical perspectives, overview of the profession and career opportunities, professional organizations, certification programs, current issues, and future trends.

ES 2100 – Physical Activity in Health and Disease. This course provides an epidemiological foundation to physical activity research specific to public health. Participants will examine the literature relative to the physiological impact of regular physical activity on chronic diseases (e.g., cardiovascular diseases, diabetes, cancer, etc.).

HPS 4150 – Nutrition for Physical Activity. Nutritional needs of individuals participating in physical activity and sport. Topics include the role of individual nutrients in metabolism, estimation of energy needs, fluid balance, food fads, meal planning and nutritional needs of the body during various stages of activity.

ES 4200 – Nutrition and Performance. This course covers the nutritional needs of individuals participating in exercise and sport. Topics include but are not limited to the dietary needs of the human body before, during and after various modalities and intensities of athletics in order to optimize performance.

HPS 4300 – Physiology of Exercise. This course provides an overview of the human body's responses to the stress of physical exercise. Students are introduced to the metabolic, cardiovascular, pulmonary and neuromuscular adaptations to acute and chronic exercise.

HPS 4350 – Fitness Evaluation and Exercise Prescription. A detailed examination of the health-related aspects of physical fitness. Emphasis on current test procedures used for determining body fat percentage, maximum oxygen uptake, cardiac stress testing and respiratory efficiency. Thoroughly familiarizes student with lab procedures, test protocol and construction of personalized exercise prescription.

ES 4650 – Fitness Evaluation. Exercise Testing is a detailed examination of various fitness assessments. This course emphasizes current test procedures used for determining body fat percentage, maximum oxygen uptake, maximum power output, and muscular strength and endurance. This course thoroughly familiarizes students with lab procedures, test protocol, and the interpretation.

HPS 4700 – Clinical Aspects of Exercise. Clinical aspects and implications of exercise physiology principles for a population of apparently unhealthy individuals who desire or need to become more physically active. The course is designed to provide the student with basic knowledge, skills and abilities in the area of pathophysiology and exercise responses in the apparently unhealthy population.

ES 4700 – Clinical Exercise Physiology. This course is designed to address the clinical aspects and implications of exercise physiology principles for those with or at risk of developing cardiovascular, pulmonary or metabolic disease.

**Classes taught at Nebraska Wesleyan University:**

HHP 215 – Exercise Physiology with Laboratory. 4 Credit Hours. Fall, 2004 - Fall, 2007  
HHP 211 – Biomechanics and Kinesiology. 4 Credit Hours. Spring, 2005 - Spring, 2008  
HHP 225 – Exercise Testing and Programming. 3 Credit Hours. Spring, 2005 - Spring, 2008  
HHP 185 – Motor Learning and Control. 3 Credit Hours. Fall, 2004 - Fall, 2007  
HHP 104 – Stress and Disease Management. 3 Credit Hours. Fall, 2005 – Fall, 2007  
HHP 180 – Cardiac Rehabilitation. 2 Credit Hours. Spring, 2005 - Spring, 2008  
HHP 280 – Research Methods. 3 Credit Hours. Spring, 2005 - Spring, 2008

**Classes taught at University of Nebraska at Omaha:**

PE 4930 – Measurement and Evaluation in Physical Education. 3 Credit Hours. 2001-2003  
(Summer Sessions)

**STUDENT SUPERVISION AT KSU**

**Research Supervision:**

Funded student research assistant in WCHHS Professional Development Grant – funded study – “The Effects of 12 Weeks of Low-Volume Body Weight Circuit Exercise Training on Markers of Glucose Tolerance, Inflammation, and Health-Related Fitness in Persons with Type 2 Diabetes Mellitus.”

Julie Knaga: April, 2017 – December, 2017

Unfunded student research assistants in OVPR-funded study – “Associations Between Measures of Health-Related Fitness, and Metabolic Function In College Students.”

Danielle Garrett: April, 2014 – October, 2014

Hannah Garber: April, 2014 – October, 2014

Unfunded student research assistant in study funded by CETL Incentive Funding for Scholarship Award – “Comparing the Effects of Pole Walking and Resistance Training on Glucose Control in Type 2 Diabetes”

Steven Jones: February, 2012 – July, 2012

Student research assistants funded by CETL Incentive Funding for Scholarship Award – “Exercise Frequency and Glucose Control in Type 2 Diabetes Mellitus”

Robert Jacobs: July, 2009 – December, 2009

Mallorie Kenny: January, 2010 – June, 2010

**CONTRIBUTION TO STUDENTS OUTSIDE KSU**

Ex-officio Thesis Committee Member for Sydnee Buresh, M.S., Exercise Science, University of Nebraska at Omaha, May, 2016. (Chair – Dr. Kris Berg).

## RESEARCH AND CREATIVE ACTIVITY

### PUBLICATIONS

#### Refereed Journal Articles

**Buresh, R.** Should Body Size Categories Be More Common In Endurance Running Events? (2018). *Current Sports Medicine Reports* (in press).

**Buresh, R.**, Hornbuckle, L., Garrett, D., Garber, H., & Woodward, A. (2018). Associations Between Measures of Health-Related Physical Fitness and Cardiometabolic Risk in College Students. *Journal of American College Health*. Published online: <https://doi.org/10.1080/07448481.2018.1431910>.

**Buresh, R.**, and Berg, K. Exercise for the Management of Type 2 Diabetes Mellitus – Factors to Consider with Current Guidelines. (2018). *Journal of Sports Medicine and Physical Fitness*, 58(4), 510-524.

Kluszczewicz, B., **Buresh, R.**, Bechke, E., Williamson, C., Bailey, P., and Feito, Y. (2017). Metabolic Biomarkers Following a Short and Long Bout of High Intensity Functional Training. *Journal of Human Sport and Exercise*, 12, 710-718.

**Buresh, R.** (2016). Sedentariness, exercise, and oxidative stress. *ACSM's Certified News*, 26 (3), 6,14.

Vincent, W.J., Berg, K., **Buresh, R.**, Latin, R.W., French, J., & Meendering, J. (2015). Hormonal, lactate, and subjective responses to various resistance training protocols. *Gazzetta Medica Italiana*, 174 (3), 93-103.

**Buresh, R.**, and Berg, K. (2015). A tutorial on oxidative stress and redox signaling with application to exercise and sedentariness. *Sports Medicine – Open*, 1:3. DOI 10.1186/s40798-014-0003-7.

**Buresh, R.**, and Berg, K. (2014). The role of exercise on inflammation and chronic disease. *Strength and Conditioning Journal*, 36 (4), 87-93.

**Buresh, R.** Exercise and glucose control. (2014). *Journal of Sports Medicine and Physical Fitness*, 54 (4), 373-382.

**Buresh, R.** Physiological responses to Balance Walking. (2012). *Gazzetta Medica Italiana*, 171 (6), 683-692.

Wickwire, P.J., **Buresh, R.J.**, Tis, L.L., Collins, M.A., Jacobs, J.D., & Bell, M.M. (2012). Comparison of an in-helmet temperature monitor system to rectal temperature during exercise. *Journal of Strength and Conditioning Research*, 26, 1-8.

**Buresh, R.**, Berg, K., Hamel, F., and Bilek, L. (2011). Moderate exercise of 120 minutes per week improves aerobic fitness and waist circumference but not insulin sensitivity in persons with elevated fasting glucose. *Gazzetta Medica Italiana*, 170, 121 - 128.

- Berg, K., **Buresh, R.**, Parks, L., Kissinger, K., Karasek, D., Sinnett, A., and Trehearn, T. (2010). Oxygen cost of sprinting. *Journal of Sports Medicine and Physical Fitness*, 50, 25-31.
- Trehearn, T.L., and **Buresh, R.J.** (2009). Sit-and-reach flexibility and running economy of men and women collegiate distance runners. *Journal of Strength and Conditioning Research*, 23, 158-162.
- Buresh, R.**, Berg, K, and French, J. (2009). The effect of resistive-exercise rest interval on hormonal response, strength, and hypertrophy with training. *Journal of Strength and Conditioning Research*, 23, 62 – 71.
- Buresh, R.**, Berg, K., and Noble, J. (2005). Heat production and storage are positively correlated with measures of body size/composition and heart rate drift during vigorous running. *Research Quarterly for Exercise and Sport*, 76, 267-274.
- Buresh, R.J.**, Berg, K.E., and Noble, J.M. (2004). Relationship between measures of body size and composition and velocity of lactate threshold. *Journal of Strength and Conditioning Research*, 18, 504-507.
- Buresh, R.**, and Berg, K. (2002). Scaling oxygen uptake to body size and several practical applications. *Journal of Strength and Conditioning Research*, 16, 461-465.

### Refereed Abstracts

- Hornbuckle, L., **Buresh, R.**, Feito, Y., Williamson, C., Kliszczewicz, B., Garrett, D., Garber, H., Herrington, A., Ellis, C., Tsui, L., Schlupp, A., Shepard, K., and Volpe, S. (2018). Influence of Several Indices of Body Fatness on Markers of Cardiometabolic Risk in Adults. *Medicine and Science in Sport and Exercise* (In Press).
- Buresh, R.**, Feito, Y., Williamson, C., Kliszczewicz, B., Herrington, A., Ellis, C., Tsui, L., Schlupp, A., Shepard, K., and Volpe, S. (2018). The Influence of Physical Activity on Energy Balance and Resting Metabolic Rate in Adults. *Medicine and Science in Sport and Exercise* (In Press).
- Buresh, R.**, Kliszczewicz, B. (2017). Influence of Interval vs Continuous Exercise on Markers of Metabolic Rate During Exercise and Recovery. *Medicine and Science in Sport and Exercise*, 49 (5S), 1072.
- Kliszczewicz, B., **Buresh, R.**, Bechke, E., Williamson, C., Bailey, P., Feito, Y. (2017). Glucose Regulation Following A Short And Long Bout of High-intensity Functional Training. *Medicine and Science in Sport and Exercise*, 49 (5S), 189.
- Buresh, R.**, Hornbuckle, L., Garrett, D., Garber, H., and Woodward, A. (2015). Associations Between Measures of Health-Related Fitness, and Metabolic Function In College Students. *Medicine and Science in Sports and Exercise*, 47 (5S), 104-106.
- Buresh, R.**, and Constien, B. (2014). Exercise Frequency and Acute Glucose Control in Type 2 Diabetes Mellitus. *Medicine and Science in Sports and Exercise*, 46 (5S), 545-550

## Refereed Chapters in Books

**Buresh, R.**, and Berg, K. 2016. "Exercise, Fitness, and Wellness" in *Introduction to Kinesiology and Recreation*. Beijing, China: Educational Science. ISBN 978-7-5041-9156-4.

## PRESENTATIONS

### Refereed Conference Presentations

*Influence of Several Indices of Body Fatness on Markers of Cardiometabolic Risk in Adults.* Hornbuckle, L., **Buresh, R.**, Feito, Y., Williamson, C., Kliszczewicz, B., Garrett, D., Garber, H., Herrington, A., Ellis, C., Tsui, L., Schlupp, A., Shepard, K., and Volpe, S. Accepted. American College of Sports Medicine Annual Meeting, Minneapolis, MN. June, 2018 – Poster Presentation

*The Influence of Physical Activity on Energy Balance and Resting Metabolic Rate in Adults.* **Buresh, R.**, Feito, Y., Williamson, C., Kliszczewicz, B., Herrington, A., Ellis, C., Tsui, L., Schlupp, A., Shepard, K., and Volpe, S. Accepted. American College of Sports Medicine Annual Meeting, Minneapolis, MN. June, 2018 – Poster Presentation

*Bodyweight Circuit Exercise Training in Adults with Type 2 Diabetes Mellitus – Three Case Studies.* **Buresh, R.**, Kliszczewicz, B., Knaga, J., Boone, J., Williamson, C., and Bechke, E. Accepted - Southeastern American College of Sports Medicine, Chattanooga, TN. February, 2018 – Poster Presentation

*Influence of Interval versus Continuous Exercise on Markers of Metabolic Rate During Exercise and Recovery.* **Buresh, R.**, and Kliszczewicz, B. American College of Sports Medicine Annual Meeting, Denver, CO. June, 2017 – Poster Presentation.

*Glucose Regulation Following A Short And Long Bout Of High-intensity Functional Training.* Kliszczewicz, B., **Buresh, R.**, Bechke, E., Williamson, C., Bailey, P., Feito, Y. American College of Sports Medicine Annual Meeting, Denver, CO. June, 2017 – Thematic Poster Presentation.

*Physical Activity Measured via Accelerometry and Markers of Health.* **Buresh, R.**, Feito, Y., Kliszczewicz, B., Herrington, A. Southeastern American College of Sports Medicine Annual Meeting, Greenville, SC. February, 2017 – Poster Presentation

*Associations Between Measures of Health-Related Fitness, and Metabolic Function In College Students.* **Buresh, R.**, Hornbuckle, L., Garrett, D., Garber, H., and Woodward, A. American College of Sports Medicine Annual Meeting, San Diego, CA. May, 2015 – Poster Presentation

*Exercise Frequency and Acute Glucose Control in Type 2 Diabetes Mellitus.* **Buresh, R.**, and Constien, B. American College of Sports Medicine Annual Meeting, Orlando, FL. May, 2014 – Poster Presentation.

*Comparison of the Effects of Accumulating 150 Minutes of Moderate-Intensity Aerobic Exercise in Three vs Eight Weekly Sessions on Markers of Glucose Control in Persons with Type 2 Diabetes Mellitus.* **Buresh, R.**, and Jones, S. Southeastern American College of Sports Medicine Annual Meeting, Greenville, SC. February, 2013 – Poster Presentation.

*Effects of Multiple Daily Bouts of Moderate Aerobic Exercise on Glucose Tolerance and Insulin Resistance in Persons with Type 2 Diabetes Mellitus.* **Buresh, R.**, Jacobs, R., and Kenny, M. Southeastern American College of Sports Medicine Annual Meeting, Jacksonville, FL, February, 2012 – Poster Presentation.

*NAPSE Standard 2 and PETE – Why and How?* **Buresh, R.**, and St. Pierre, P. Georgia Association for Health, Physical Education, Recreation, and Dance Annual Convention, Savannah, GA, October 31, 2010 – Oral Presentation

*Validation of an In-Helmet Temperature Monitor System.* Wickwire, P.J., **Buresh, B.**, Tis, L., Collins, M., Jacobs, R., and Bell, M. Southeastern American College of Sports Medicine Meeting, Greenville, SC, February, 2009 – Poster Presentation.

*Alternative Secondary PE Curriculum: A Reason to Move Beyond Traditional Sports.* Wickwire, J., **Buresh, R.**, and St. Pierre, P GAPHERD Annual Meeting, Atlanta, GA, Nov, 2009 – Oral Presentation.

*Effects of Four 30-Minute Sessions of Moderate-Intensity Aerobic Exercise per Week on Insulin Sensitivity in Sedentary Adults with Impaired Fasting Glucose.* **Buresh, R.**, Bilek, L., and Berg, K., Southeastern American College of Sports Medicine Annual Meeting, Birmingham, AL, February, 2009 – Poster Presentation.

*The Effects of Different Between-Set Rest Periods on Strength, Body Composition, and Hormonal Response.* **Buresh, R.**, and Berg, K. Northlands Chapter of the American College of Sports Medicine Spring Tutorial, St. Cloud, MN, March, 2003 – Poster Presentation.

#### **Non-Refereed Conference Presentations:**

*Exercise and Glucose Control.* A webinar for the Clinical Exercise Physiology Association – ACSM, Wednesday, September 25, 2013.

*Staying Fit for Free.* **Buresh, R.** Victory Over Diabetes Conference, Atlanta, GA. August 20, 2011.

#### **GRANTS AND CONTRACTS**

##### **Funded Projects as PI:**

*The Effects of 12 Weeks of Low-Volume Body Weight Circuit Exercise Training on Markers of Glucose Tolerance, Inflammation, and Health-Related Fitness in Persons with Type 2 Diabetes Mellitus*

Dean of the WCHHS Professional Development Funding, 2017. \$5,729.

Principle Investigator: **Buresh, R.**

*Effects of Variations in Dose of Interval Exercise on Oxygen Uptake, Temperature Change, and Oxidative Stress*

Dean of the WCHHS Professional Development Funding, 2016. \$15,390.  
Principle Investigator: **Buresh, R.**

*Physical Activity and Energy Balance in Free-Living College Students*

Dean of the WCHHS Professional Development Funding, 2016. \$11,215.  
Principle Investigator: **Buresh, R.**

*Effects of variations in interval walking on acute glucose control in persons with type 2 diabetes.* Office of the Vice President for Research Award, January, 2015. \$8,050.

Principle Investigator: **Buresh, R.**

*Associations Between Measures of Health and Fitness, and Metabolic Function In College Students.* Office of the Vice President for Research Award. March, 2014 –

September, 2014. \$9,660  
Principle Investigator : **Buresh, R.**

*Comparing the Effects of Pole Walking and Resistance Training on Glucose Control in Type 2 Diabetes*

Center for Excellence in Teaching and Learning Award, July 1, 2011 – June 30, 2012  
- \$7,800  
Principle Investigator : **Buresh, R.**

*The Influence of Hiking Poles and Rocker Shoes on Oxygen Uptake, Heart Rate, and Energy Expenditure While Walking .*

Foot Solutions  
October 26, 2009 – September 30, 2010 - \$12,060  
Principle Investigator: **Buresh, R.**

*Exercise Frequency and Glucose Control in Type 2 Diabetes Mellitus*

Center for Excellence in Teaching and Learning Award, July 1, 2009 – June 30, 2010- \$6,278.  
Principle Investigator: **Buresh, R.**

*Relationships Among Body Size, Heat Storage, Initial Steady-State Heart Rate, and Cardiovascular Drift in Running.*

University of Nebraska at Omaha Thesis Scholarship  
Fall, 2001 - \$1,000.  
Principle Investigator: **Buresh, R.**  
Co-Investigator: Berg, K.

#### **Funded Projects as CoPI:**

*Effect of Exercise on Insulin Resistance in Smokers*

Nebraska Department of Health.  
July 1, 2005-June 30, 2006 - \$40,000  
Principle Investigator: Bilek, L.  
Co-Investigator: **Buresh, R.**

## **PROFESSIONAL SERVICE**

### **KENNESAW STATE UNIVERSITY**

#### **Department or Program:**

- Search Committee Member – Chair of ESSM (Fall, 2016 – Spring, 2017).
- Chair, Faculty Search Committee – Exercise Science (Fall, 2015)
- Faculty Search Committee Member – Exercise Science (Fall, 2014)
- Exercise Science and Sport Management Department Tenure and Promotion Committee – Fall, 2013 – Summer, 2015
- HPS 1000 Committee. (February, 2012 – April, 2012)
  - Purpose of this committee was to recommend changes in the content and delivery of HPS 1000 consistent with space, instructor, and enrollment constraints.
- Department Faculty Council (DFC). (Fall, 2009 – Fall, 2011)
- Search Committee – Exercise Science Faculty (Spring, 2010).

#### **WCHHS:**

- WCHHS College Promotion and Tenure Committee – Fall, 2016 - Present
- WCHHS College Faculty Council (CFC) – Chair, Fall, 2015 - Present
- WCHHS Tenure and Promotion Committee – Fall, 2013 – Spring, 2014
- WCHHS College Faculty Council (CFC) – Fall, 2013 – Spring, 2014
- WCHHS Awards Committee. (Fall, 2010 – Spring, 2014)
  - This committee reads and evaluates submissions for college-level awards and selects one in each category to advance for university-level awards consideration.
- Authored “Buresh’s Blurb” in WCHHS Newsletter each semester, Spring, 2010 – Spring, 2016

#### **University:**

- WABE Radio Interview – “America’s Sugar Addiction” – February 1, 2016, Rose Scott and Jim Burress.
  - <http://news.wabe.org/post/closer-look-sugar-addiction-expanding-medicaid-and-more>

### **THE PROFESSION**

#### **Service to Journals:**

- Editorial Board Member: ACSM's Health & Fitness Journal (January, 2017 – December, 2018)
- Reviewer: International Journal of Sports and Exercise Medicine
- Reviewer: Sports Medicine – Open
- Reviewer: ACSM's Health Fitness Journal
- Reviewer: Sports Medicine
- Reviewer: Medicine and Science in Sports and Exercise
- Reviewer: British Journal of Sports Medicine

### **Service to a Professional Association:**

- ACSM's Health and Fitness Journal – Editorial Board Member (January, 2017 – December, 2018)
- Reviewer – ACSM's Guidelines for Exercise Testing and Prescription (10th Edition).
  - Chapter 4 – “Cardiorespiratory Fitness Assessment.”
  - Chapter 15 – “Special Considerations for Metabolic Syndrome, Hypertension, and Dyslipidemia.”
- Chair, Exercise Science Section of the Georgia Association of Health, Physical Education, Recreation, and Dance (GAHPERD) (January, 2010 – December, 2010)
- Chair-Elect, Exercise Science Section of the Georgia Association of Health, Physical Education, Recreation, and Dance (GAHPERD) (January, 2009 – December, 2009)

### **Service to the Community:**

- Presentation – Exercise and Glucose Control – Why it Matters!, Sterling Estates Retirement Community, Marietta, GA, organized by Ayles Herrington, November 10, 2017
- Presentation – Exercise for Weight Management, for weight management support group managed by Lisa Mason, Wellstar Diabetes Services, April 21, 2016
- Presentation – Exercise for Diabetes for a diabetes support group managed by Lisa Mason, Wellstar Diabetes Services, October 29, 2015
- Presentation – Exercise for Diabetes for a diabetes support group managed by Lisa Mason, Wellstar Diabetes Services, May 7, 2015
- Presentation – resistance exercise for weight management and blood glucose control in diabetes for a diabetes support group managed by Lisa Mason, Wellstar Diabetes Services, October 2, 2014.
- Presentation – exercise and weight loss for one diabetes support group managed by Linda Watson, Wellstar Diabetes Services, July 10, 2014.
- Presentation – resistance exercise in obesity and diabetes for three diabetes support groups managed by Linda Watson, Wellstar Diabetes Services, March, 2014.
- Presentation – exercise and weight loss for two diabetes support groups managed by Linda Watson, Wellstar Diabetes Services, March, 2014
- Presentation – exercise and weight loss for two diabetes support groups managed by Linda Watson, Wellstar Diabetes Services, October, 2013.
- Presentation – exercise and type 2 diabetes for two diabetes support groups managed by Linda Watson, Wellstar Diabetes Services, July, 2013
- Presentation - resistance exercise for glucose control and weight management for four diabetes support groups managed by Linda Watson, Wellstar Diabetes Services, March, 2013
- Presentation – exercise for weight loss to Paulding Hospital Support Group managed by Linda Watson, Wellstar Diabetes Services, October 22, 2012
- Presentation – exercise for weight loss to Kennestone Hospital Diabetes Support Group managed by Linda Watson, Wellstar Diabetes Services, October 25, 2012; June 21, 2012
- Presentation - benefits of exercise in type 2 diabetes to Kennestone Hospital Diabetes Support Group managed by Linda Watson, Wellstar Diabetes Services – February 14, 2012